

THE T.R.A.D.E.TREATMENT, RESEARCH, AWARENESS,
DIAGNOSIS, EDUCATION

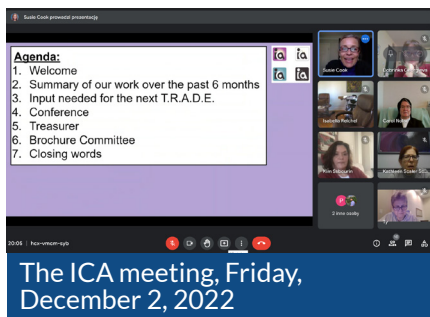
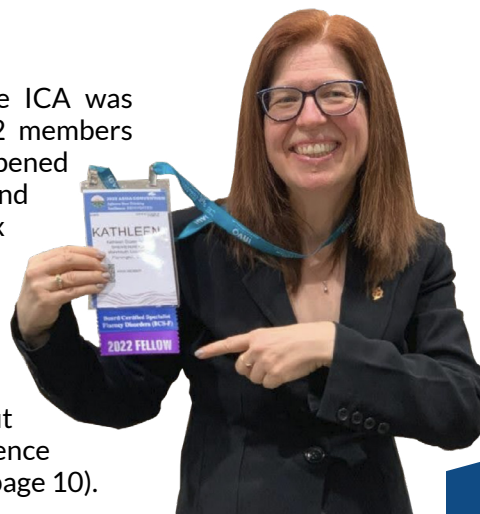
www.icacluttering.com

Volume 13, issue 1, January 2023

**Welcome
by Susie Cook, USA****Dear friends,**

First of all, I wish each and everyone of you a happy and healthy new year 2023. Thank you all for your support of our common mission to increase awareness and understanding of cluttering. In this latest edition of the T.R.A.D.E., you will find lots of examples of our members helping to spread the word about cluttering! We have a conference report from the ASHA convention 2022 in New Orleans, where our very own Dr. Kathy Scaler Scott was named an ASHA fellow. Kathy is a founding member of the ICA and served as the first coordinator of our association. More about ASHA and about Kathy receiving this high honor are on pages 6-9. Congratulations, Kathy!

The annual membership meeting of the ICA was held virtually on December 2, 2022. 12 members participated in the meeting. Susie Cook opened the meeting with welcoming words and summarized the work over the past six months. Highlights were the recruitment of new international representatives, a very successful summer edition of the T.R.A.D.E. and adaptation of the color purple as the color for the ICA. Additionally, the board shared news about the planning of the Third World Conference on Cluttering in Poland in 2023 (see also page 10).



seeking nominations for the position of the treasurer. If you would like to nominate someone or yourself, please email us at icacluttering@gmail.com.

Warm wishes for the new year!
Sincerely, Susie Cook
Chair, ICA

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International Highlights

by Isabella Reichel, USA

Bulgaria

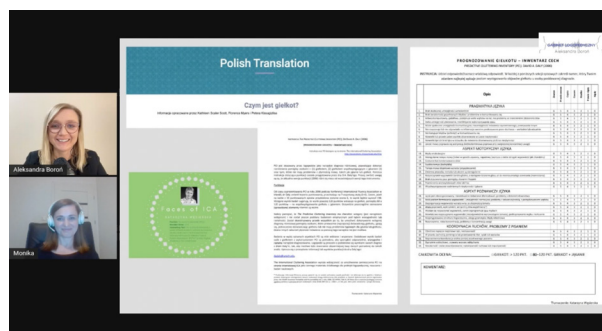
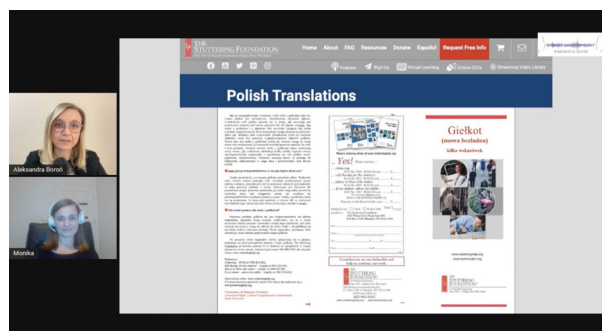


On October 28-29, 2022, the 20th Year Jubilee International Conference of the Department of Logopedics: *Innovations in Speech and Language Pathology*, was held in South-West University "Neofit Rilski", Blagoevgrad (Bulgaria). In her speech, Dr. Monika Kaźmierczak (University of Lodz, Poland) wondered what the connection is between chaos and cluttering, whether or not it is destructive or creative, and what extraordinary language skills people who clutter have.

Poland



On November 4, 2022, a live meeting was held on the social media platform of Aleksandra Boroń's speech therapy practice. The theme was cluttering in childhood. A special guest was Dr. Monika Kaźmierczak (University of Lodz), a speech-language therapist (SLT). They tried to convey the basic knowledge about cluttering in an easy-to-understand way and to discuss how children who clutter can best be supported at home and at school. The event was aimed at a wide audience, including parents, teachers, adults who clutter, SLTs, and SLT students.



Gielkot

Jak rozmawiać z dziećmi mówiącymi niewyraźnie?

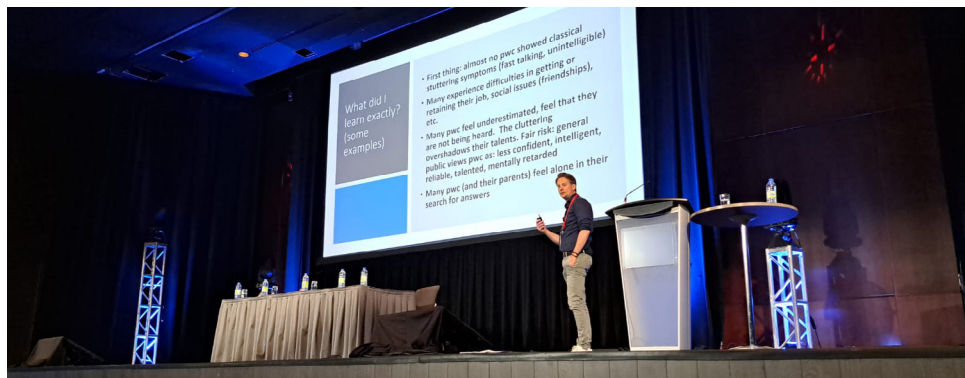
Gość specjalny:

Monika Kaźmierczak

Consumer Issues

by Rutger Wilhelm, The Netherlands

In May of this year I had the privilege of giving a lecture at the Joint World Congress on Stuttering and Cluttering in Montreal about the perspectives of people who clutter around the globe. In the run up to this presentation I had assembled input from people who clutter and parents of people who clutter by means of an online questionnaire. In this article I would like to share some bits and bites.



To the question: *What do you think when people tell you to 'just slow down'? Some answers were: I feel humiliated. I have often been told I can control it. They do not realize how difficult it is. I was once told from a public platform that when it was my turn to speak I really should slow down. I have never felt so embarrassed.*

We also asked what prejudice people who clutter would like to get rid of. Most responses were along the lines of: *They don't think you are smart. People think there is something wrong with your brain, and you can't do certain things.*

Most parents of children with cluttering responded more or less as follows to the question: *What was your (first) reaction when your son/daughter got diagnosed with cluttering? Suddenly so many times things made sense. We were relieved, in a way, and grateful that we now knew what was going on. The more we learned about cluttering the more we were like: 'yes, that is our child'.*

There also seemed to be a consensus about the best tip for parents of cluttering children: *Try to be patient, talk to your children to see how they want you to help them. They cannot help their messy speech and are unaware of when they clutter, so try not to get frustrated.*

If I need to summarize the sometimes eye-opening answers to the questionnaires, two words basically come to mind: 'frustration' and 'mutuality'. Or perhaps I should use 'mutual frustration'. It is clear that the cluttering can really put you off your stride, whether you are a person with cluttering, a parent, or someone else in their direct environment. Also, assuming the answers to the questionnaire reflect what is happening on a much broader scale, they explicitly demonstrate that there is still so much work to do when it comes to awareness, understanding and knowledge sharing. It confirms the necessity for all of us to weigh in.

**Best regards,
Rutger Wilhelm**

RUTGER WILHELM

Cluttering: our voyages of discovery

Learnings from people who clutter around the world

The 1st Intensive Week of The ECSF Course 22-23 Cycle in London, United Kingdom

by Joanna Szymczakowska, Poland and Halil Tayyip Uysal, Turkey



The European Clinical Specialization on Fluency Disorders (ECSF) is a one-year post graduate course for speech and language Pathologists (see: www.ecsf.eu). Faculty members from 15 international partner institutes provide lectures during 2 face-to-face weeks spread out over the academic year. The ECSF covers many components in terms of phenomenology, evaluation, diagnosis, and therapy of fluency disorders based on stuttering and cluttering. Lectures in the ECSF course are held with the interactive participation of students. Apart from the face-to-face two weeks of the course, the learning cycle continues with homework in the tele-practice and online learning setting in the other parts of the course. Throughout the course, individual and group-oriented tasks are included.

This year, the first intensive week of the course included sessions on stuttering and cluttering. Speech and language therapists from different countries participated in the course. The first intensive week was held at The Michael Palin Center from 19 September to 24 September 2022. Hands-on activities and active participation in the sessions were remarkable. Interactive sessions allowed for an in-depth discussion of stuttering and cluttering. Among the topics covered in the first intensive week of the course this year; are the **etiology and phenomenology of stuttering**, **assessment procedures** (diagnosis process; emotions, behaviors, and cognitive evaluation in stuttering), **creating a therapy plan** (goal setting and intervention plan, the client system and family counseling), **intervention** (working with emotion and cognition in stuttering; fluency shaping, and stuttering modification techniques), **evaluation and intervention in cluttering**, and **clinical coaching** session.



ECSF Students and Lecturers at The Michael Palin Centre

The 1st Intensive Week of The ECSF Course 22-23 Cycle in London, United Kingdom

The topic of cluttering was covered by Jaqueline Carmona and Kurt Eggers. The lecturers presented in detail the issues of cluttering in relation to:

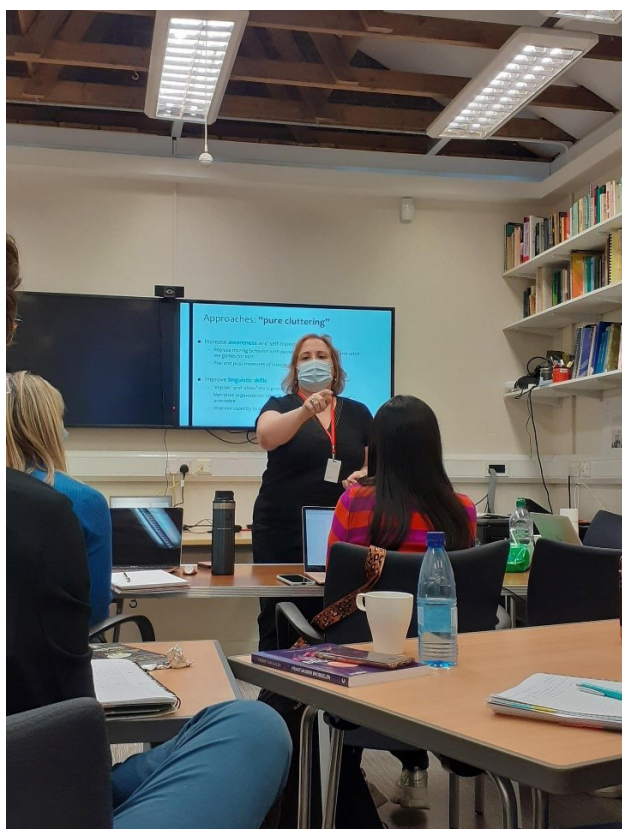
- definition
- assesment
- diagnostic instruments
- intervention

Students had the opportunity to explore both how to diagnose cluttering, as well as **how to plan and conduct therapy**. They learned how to translate data from diagnosis into treatment goals. **Various therapeutic guidelines were presented**, together with recommended diagnostic and therapeutic tools.

In the lecturers' presentations participants were given both theoretical and practical information, which gave them not only a broader view of cluttering but also directions for many therapeutic activities.

The issue of cluttering also came up at the workshop on stuttering therapy approaches. Katarzyna Węsierska and George Furlas referred to cluttering by presenting fluency shaping techniques and recommending books and internet sources on the subject.

Students actively took part in the classes, sharing their clinical experience from different countries. Satisfied with the training they received, they are looking forward to a follow-up during the **next intensive week in February 2023 in Antwerp, Belgium**.



Jaqueline Carmona presenting about intervention in cluttering



Kurt Eggers presenting about cluttering

News from the 2022 ASHA convention in New Orleans

by Katarzyna Węsierska, Poland



For the second time, this year's American Speech-Language-Hearing Association (ASHA) convention was organized as a hybrid, in-person/virtual event in New Orleans. The slogan for this convention was very meaningful: *Reframe Your Thinking: Resilience Reinvented*.

Both the 2022 ASHA Convention co-chairs, Mark DeRuiter and Edie Hapner, served as the 2020 ASHA Convention co-chairs, the year that the convention was canceled. They admitted that they had to reframe their thinking, which led them to the concept of resilience. During the 2022 ASHA Convention Opening Ceremony, they described how they tried to reinvent the term *resilience*. For them the quote by psychotherapist Katie Hurley illustrates its idea perfectly:

"Resilience is not a trampoline, where you're down one moment and up the next. It's more like climbing a mountain without a trail map. It takes time, strength, and help from people around you, and you'll likely experience setbacks along the way. But eventually you reach the top and look back at how far you've come."
Hurley, K. (2020, December).



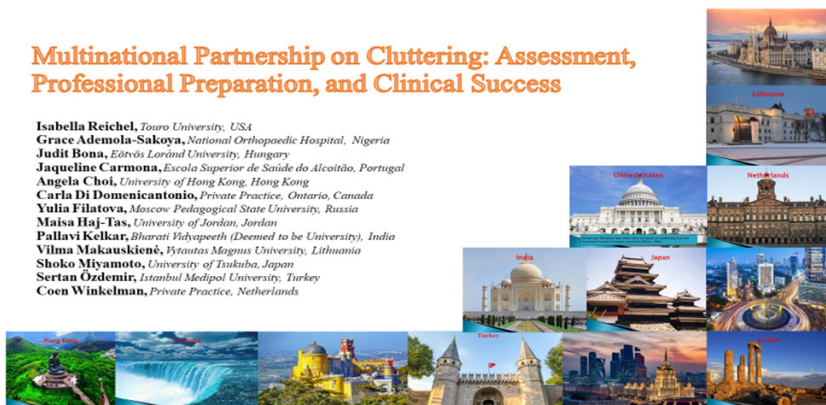
During the 2022 convention, opportunities arose to expand knowledge of cluttering and relate it to the issue of resilience.

Thanks to the joint efforts of the ICA international representatives, participants from all over the world were able to attend a one-hour virtual seminar entitled **Multinational Partnership on Cluttering: Assessment, Professional Preparation, and Clinical Success**. The team of seminar authors came from 13 countries: Carla Di Domenicantonio, Canada; Angela Choi, Hong Kong; Judit Bona, Hungary; Pallavi Kelkar, India; Shoko Miyamoto, Japan; Maisa Haj-Tas, Jordan; Vilma Makauskienė, Lithuania; Coen Winkelman, Netherlands; Grace Ademola-Sokoya, Nigeria; Jaqueline Carmona, Portugal; Yulia Filatova, Russia; Sertan Ozdemir, Turkey; Isabella Reichel, United States. They represented Africa, Asia, Eastern and Western Europe, North America, and the Middle East. The seminar themes were divided into three domains – assessment, treatment, and professional preparation.

Multinational Partnership on Cluttering: Assessment, Professional Preparation, and Clinical Success

Isabella Reichel, *Touro University, USA*
Grace Ademola-Sakoya, *National Orthopaedic Hospital, Nigeria*
Judit Bona, *Eötvös Loránd University, Hungary*
Jaqueline Carmona, *Escola Superior de Saúde do Alcolitão, Portugal*
Angela Choi, *University of Hong Kong, Hong Kong*
Carla Di Domenicantonio, *Private Practice, Ontario, Canada*
Yulia Filatova, *Moscow Pedagogical State University, Russia*
Maisa Haj-Tas, *University of Jordan, Jordan*
Pallavi Kelkar, *Bharati Vidyapeeth (Deemed to be University), India*
Vilma Makauskienė, *Vytautas Magnus University, Lithuania*
Shoko Miyamoto, *University of Tsukuba, Japan*
Sertan Ozdemir, *Istanbul Medipol University, Turkey*
Coen Winkelman, *Private Practice, Netherlands*

The first slide of the cluttering virtual seminar at the 2022 ASHA convention



News from the 2022 ASHA convention in New Orleans

On the first day of the in-person convention, another great one-hour seminar was delivered: ***The Lived Experience of People with Cluttering: Applying What We Know to Clinical Practice*** by Kathleen Scaler Scott (presenting author) and Isabella Reichel. The presenters indicated that since new information is emerging about how cluttering may impact those living with this disorder, it is crucial to understand their perspective. Drs. Scaler Scott and Reichel emphasized that learning from those who clutter and those who care about them directly allows the speech-language clinician to provide more comprehensive services, including appropriate counseling and support. The presenters covered new findings in the literature regarding lived experiences and shared experiences of a few individuals with cluttering. They also revealed how the knowledge can be applied in clinical practice.



Dr. Kathy Scaler Scott presenting the topic *The Lived Experience of People with Cluttering*

Two interesting posters were also displayed at this convention.

The first poster was entitled: ***Adaptation of Overall Assessment of the Speaker's Experience of Stuttering to Cluttering: An Update*** by Kathleen Scaler Scott and J. Scott Yaruss

This poster described the development and gave a preliminary validation of a new version for the widely recognized diagnostic tool: the *Overall Assessment of the Speaker's Experience of Stuttering* (OASES), which was adapted to people who clutter (OASEC). Key aspects of the experience of cluttering were highlighted, and both the clinical and research utility of the measure was explored.



Dr. J. Scott Yaruss at the OASEC poster

News from the 2022 ASHA convention in New Orleans

The second poster presentation was: ***Conversations With Cluttering Community Leaders: A Sampling of Perspectives*** by Kathleen Scaler Scott and Sabrina Meza.

The poster aimed to update our understanding of how to support those with cluttering. The authors' intention was to share with professionals the perspective of the community leaders who clutter. Three people known as leaders in the cluttering community were asked open-ended questions designed to explore their perspectives on cluttering during a focus group. Conversations in the group were transcribed and the transcripts were culled for themes. Member checking was used to ensure accurate interpretation of leader perspectives. Thematic analysis revealed themes related to listener and support group guidelines, perspectives regarding labels, and unique differences between cluttering and stuttering that may drive decisions in self-management and support. Clinical applications were presented in this poster.

During this convention we also had the opportunity to celebrate the great success of a very special representative of our cluttering community. At the Convention Award Ceremony Dr. Kathleen Scaler Scott was awarded with the 2022 Fellowship of the Association.



The Award Ceremony at the ASHA convention 2022

Drs. Glen M. Tellis and Kathy Scaler Scott



News from the 2022 ASHA convention in New Orleans

Our colleagues who nominated Dr. Kathleen Scaler Scott for this award justified their decisions in this way:

"Dr. Kathleen Scaler Scott (Kathy) has been—and continues to be—a superstar in the field of fluency disorders. [...] Kathy's widely cited and widely read peer-reviewed articles and books on cluttering, as well as on other atypical fluency disorders (e.g., Asperger's syndrome) and stuttering, attest to her outstanding research scholarship. [...] Kathy is a humble person. To my knowledge, she has never sought the spotlight, but the quality and impact of her contributions have led others to seek her out. I, for one, who was once considered to be an "expert" in cluttering, now forward nearly all of my cluttering queries and invitations to Kathy. Clearly, others have sought her expertise as well."

Kenneth O. St. Louis, PhD,
CCC-SLP, BCS-F, F-ASHA
Emeritus Professor, West
Virginia University

"I have known Kathy since 2009 when we recruited her to join our faculty [...] and we also have similar interests in fluency disorders. I consider her to be a valued colleague who has made important contributions to the field of cluttering and other fluency disorders as well as disfluencies associated with ADHD, learning difficulties, and autism. I have witnessed first-hand Kathy's incredible journey and the impact that she has had nationally and internationally. In a mere 13 years as a professor, she has become internationally respected as the world's authority on cluttering. Kathy is a true trailblazer in the field of fluency disorders."

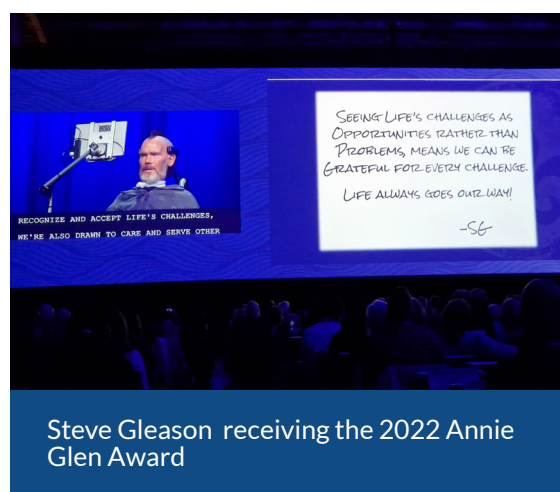
Glen M. Tellis, Ph.D.,
CCC-SLP, BCS-F, F-ASHA
Professor, Misericordia
University

*"Dr. Scaler Scott is one of just a very few clinical researchers in the world to have studied and taught about the treatment of cluttering and disfluencies associated with other conditions. Her books (especially *Managing Cluttering* [ProEd, 2013] and *Fluency Plus* [Slack, 2018]) are the top resources for educating clinicians about these unique populations. [...] Dr. Scaler Scott has been extremely active in providing service both for the professional community and for the communities of people who stutter and people who clutter. She has organized conferences, served on the board of directors, and served as co-chair of the research committee for the National Stuttering Association. Her work with the International Cluttering Association has been instrumental in developing this organization as a national and international force."*

J Scott Yaruss, PhD,
CCC-SLP, BCS-F, F-ASHA,
Professor, Michigan State
University

There was another a very special award presented this night. The 2022 Annie Glen Award was given to Steve Gleason and his wife, Michel Varsico Gleason. Steve Gleason played football for the New Orleans Saints from 2000 to 2008. After he was diagnosed with amyotrophic lateral sclerosis (ALS) in 2011, he and his wife created Team Gleason Foundation. This organization is dedicated to provide equipment, technology, services, care, and life-changing adventures for people living with ALS. Together, they grew Team Gleason into a leading force for promoting assistive technology innovation and delivering assistive technology and other services to thousand people. In 2015, the federal Steve Gleason Act was signed into law, ensuring access to all people who need assistive communication devices. In 2018, the federal Steve Gleason Enduring Voices Act was passed, making the devices eligible for Medicaid and Medicare reimbursement.

As was mentioned by the convention co-chairs, it is the process of connecting as a community that serves as a key ingredient of resiliency. There were a lot of opportunities for the convention attendees to connect and celebrate with their colleagues and friends. We had a chance to enjoy great music, great food, and unique places in beautiful New Orleans, Louisiana.



Steve Gleason receiving the 2022 Annie Glen Award

INVITATIONS



EU Symposium on Fluency Disorders February 10 & 11 2023

Thomas More Antwerp
www.ecsf.eu

The ECSF consortium hereby kindly invites you to attend the EU Symposium Fluency Disorders: February 10 & 11 2023:

<http://ecsf.eu/news-and-events/european-symposium-on-fluency-disorders-2023/program>

Day 1:

The Plenary, featuring internationally renowned speakers:

Eva Bos (Academy for Motivation and Behavioral Change, The Netherlands)

Michael Boyle (Montclair State U, USA)

Mary O'Dwyer & Fiona Ryan (Health Service Executive, Ireland)

Naomi Rodgers (U of Iowa, USA)

Hilda Sønsterud (Statped & Nord U, Norway)

Maria Stuart (U College Dublin, Ireland)

Day 2:

Workshops: Motivational Interviewing & Narrative Therapy



16-17 September 2023,
University of Silesia in Katowice, Poland

The Third World Conference on Cluttering

The Third World Conference on Cluttering will take place on September 16 and 17, 2023 at the University of Silesia in Katowice, Poland.

More information can be found at:
<https://sites.google.com/view/icacluttering>

13th Oxford Dysfluency Conference
19–22 September 2023 • St Catherine's College, Oxford, UK

Submit your abstract!
Deadline: 31 March 2023

Submit your abstract
Abstracts are now invited on the following topics. They should be submitted using the online abstract submission system: <https://www.dysfluencyconference.com/submit-abstract.asp>. Deadline: 31 March 2023.

Conference Topics

- Conceptualizing stuttering
- Cluttering and acquired stuttering
- Genetics and Neurophysiology
- Advancing clinical practice through research
- More than speech

Organised by ELSEVIER

Co-Sponsors The Michael Palin Centre for Stuttering

Sponsor THE STUTTERING FOUNDATION

Action for Stammering Children

www.dysfluencyconference.com

THE 13th OXFORD DYSFLUENCY CONFERENCE

For more information,
please visit:
<https://www.dysfluencyconference.com/>

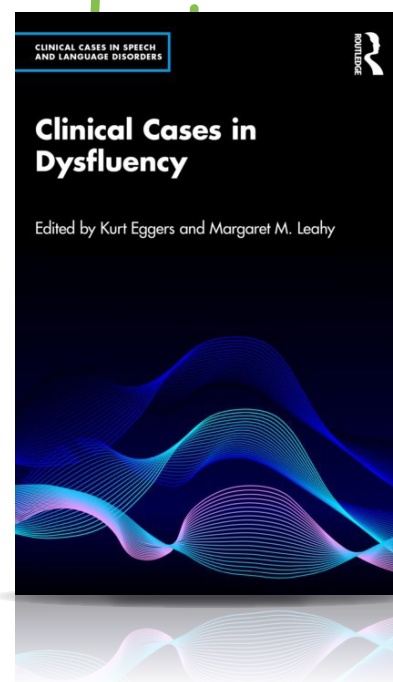
Publications about Cluttering

by Jaqueline Carmona, Portugal



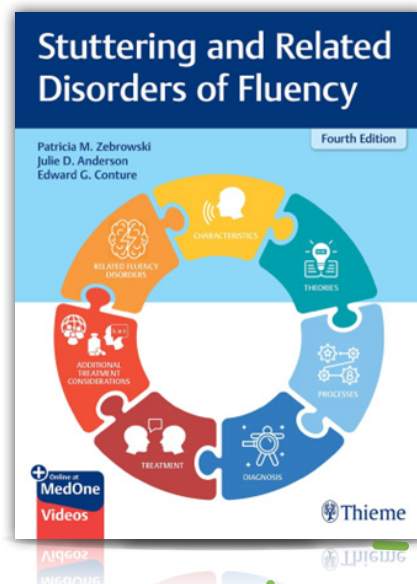
Cook, S., & Adams, C. (2022). An Adolescent with Cluttering. In K. Eggers & M. Leahy, eds., *Clinical Cases in Dysfluency* (1st ed.) (pp. 95-103). Routledge.

A new publication on cluttering appeared in the book “Clinical Cases in Dysfluency” edited by Kurt Eggers and Margaret Leahy. This book introduces dysfluency in clinical and cultural contexts while encouraging reflection on clinical decision-making involving the assessment and management of clients. Chapter 10 is titled “An Adolescent with Cluttering” and written by Susanne Cook and Charley Adams. After opening with a comprehensive historical review, this chapter gives an overview of cluttering definitions, symptoms, and subtypes. The subsequent case study of a 16-year-old male with cluttering describes in detail the different steps of assessment. Then, the development of the therapy plan, including therapy goals, is outlined, and different exercises are explained. Therapy outcomes are discussed.

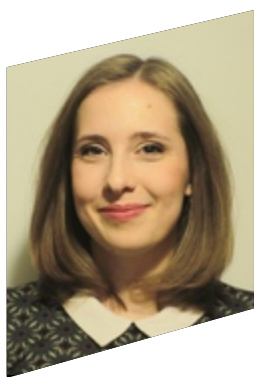


Scaler Scott, K., Sønsterud, H., & Reichel, I. (2022). Cluttering: Etiology, Symptomatology, Identification, and Treatment. In Zebrowski, P., Anderson, J., & Conture E., eds, *Stuttering and Related Disorders of Fluency* 4th Edition (chapter 16). Thieme.

The chapter provides background on how our knowledge of cluttering has evolved, and the need for it to continue in the future. Additionally, methods for evaluation, differential diagnosis, and treatment of cluttering are presented. Background on the past and present state of cluttering research provides the context for what we do and do not know about cluttering, and for making the best decisions in treatment. The overall focus is to help the clinician better understand how to: (1) identify cluttered speech, and (2) treat the client with cluttering in a holistic manner, based upon symptom presentation.



Publications about Cluttering



Pap, J., & Bona, J. (2022). Egy kevésbé ismert beszédfolyamatossági zavar: A hadarás [A little known speech fluency disorder: Cluttering]. In A. Deme & A. Kuna Eds., *Tanulmányok a nyelvészet alkalmazásainak területeiről* [Studies in Applications of Linguistics] (pp. 159-195). ELTE Eötvös Publishing House.
<https://www.eltereader.hu/media/2022/11/Deme-Kuna-Marko-Tanulmányok-a-nyelvészeti-alkalmazások-területéről.pdf>

This paper summarizes knowledge about cluttering based on international and Hungarian literature. It presents possible definitions, symptoms, diagnostic possibilities, and cluttering therapy. It also discusses what other language and neurodegenerative disorders may co-exist, and how cluttering is perceived by other speakers. The manuscript containing this study is dedicated to the applications of linguistics and could be useful for higher educational purposes.



Kaźmierczak, M. (2022). Perspektywa klienta w gielkocie [Client's perspective in cluttering]. *Logopaedica Lodziensia*, 6, 117-134.
DOI: <https://doi.org/10.18778/2544-7238.06.08>

This article presents the assumptions of evidence based speech therapy, with particular emphasis on the third pillar of Evidence-Based Practice (EBP), which is the subjectivity of the client. The quoted statements of adult respondents to the survey are an example of considerations on the self awareness and meta consciousness of clutterers. They were confronted with speech therapy publications comprising six popular statements about people who clutter. Many of the popular a priori statements so far can be considered either myths about cluttering or judgments raising reasonable doubts and requiring further analysis. This indicates the need to undertake research in Poland to verify previous statements about cluttering.



Publications about Cluttering



van Zaalen, Y., & Strangis, D. (2022). An Adolescent Confronted With Cluttering: The Story of Johan. *Perspectives of the ASHA Special Interest Groups*, 7, 1357–1369.
https://doi.org/10.1044/2022_PERSP-21-00267

This case study is presented to inform the reader of potential speech, language, cognitive, and emotional characteristics in preadolescent cluttering. This case study describes a 10-year-old boy who started to clutter during preadolescence. The case illustrates that, in some adolescents, cluttering can co-occur with temporary stuttering-like behavior. In this case, signs of disturbances in speech-language production associated with behavioral impulsiveness as a young child were noted. Speech, language, cognitive, and emotional results of the case are reported in detail. The changes in fluency development are reported and discussed within the context of changes in the adolescent brain as well as adolescent cognitive and emotional development. While being unaware of their speech condition before adolescence, during preadolescence, the changes in brain organization lead to an increase in rate and a decrease in speech control. Given that the client had limited understanding of what was occurring, they were at risk of developing negative communication attitudes. Speech-language therapists are strongly advised to monitor children with cluttering signals in the early years of their adolescence.



Please let us know the good works you and others are doing in your country – emails reports to: Katarzyna Węsierska, the ICA secretary and newsletter editor at: katarzyna.wesierska@us.edu.pl